## NC STATE UNIVERSITY

# **Beyond the child:** Building science capital and parent science habitus through family STEM programs

### Background

The lack of students who choose to major in science, technology, engineering, or mathematics (STEM) fields is a growing concern in the United States and across the world. Because an individual's attitudes and understandings of STEM are likely shaped by "an individual's direct, personal experiences, needs, expectations, and culture"<sup>1</sup> it is important to address the issue from a systems perspective.

Family Influence: Family culture plays a vital role in developing STEM interests. Parents have been shown to be important in encouraging the STEM interests of youth. Parents who discuss the value and importance of STEM tend to have children with a higher level of self-efficacy and STEM outcome expectancies.<sup>2</sup> Youths' interest in STEM careers is related to their families' science capital and science habitus.<sup>3</sup>

However, most programs aimed at increasing youth interest and career aspirations focus on the youth and little is known about programs that seek to approach the problem from a systems perspective. Of particular importance is increasing the tools parents have to support the STEM interests and career aspirations of their children.

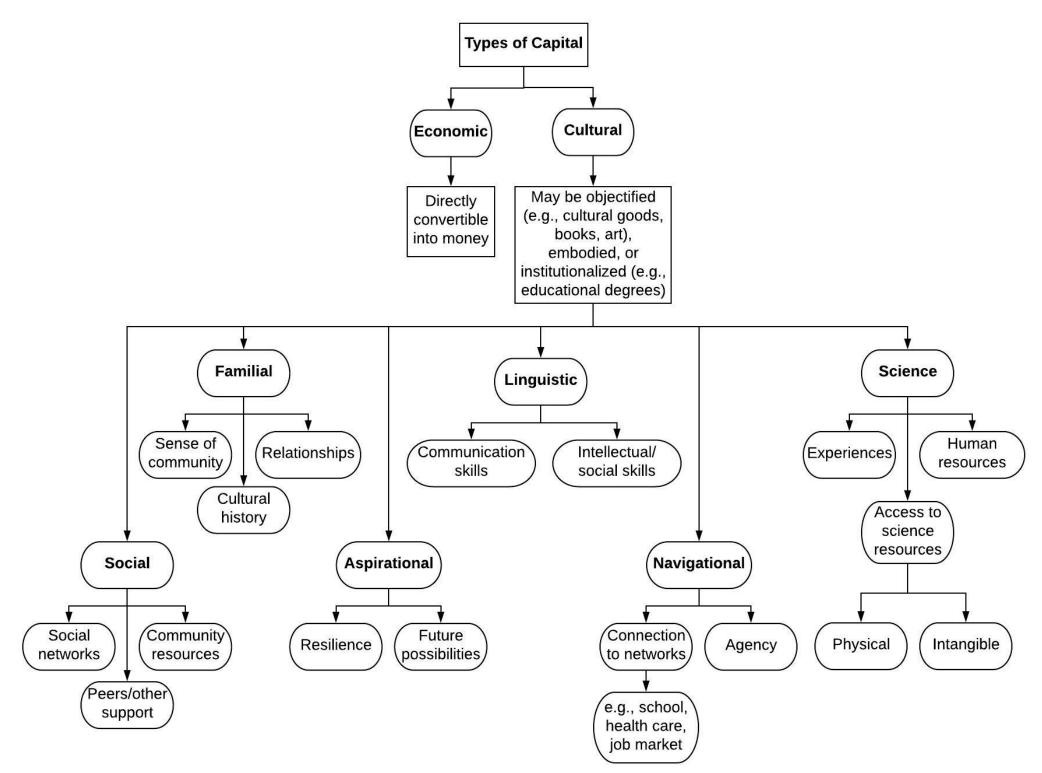
### **Research Question**

How does participation in a museum-based, family STEM program aimed at increasing the science capital and family habitus of youth influence the:

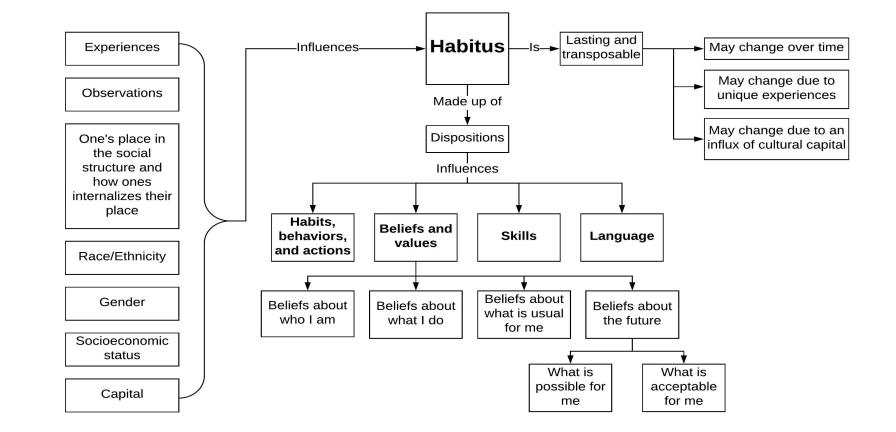
• Cultural capital and science habitus of the adult participants?

### **Theoretical Frameworks**

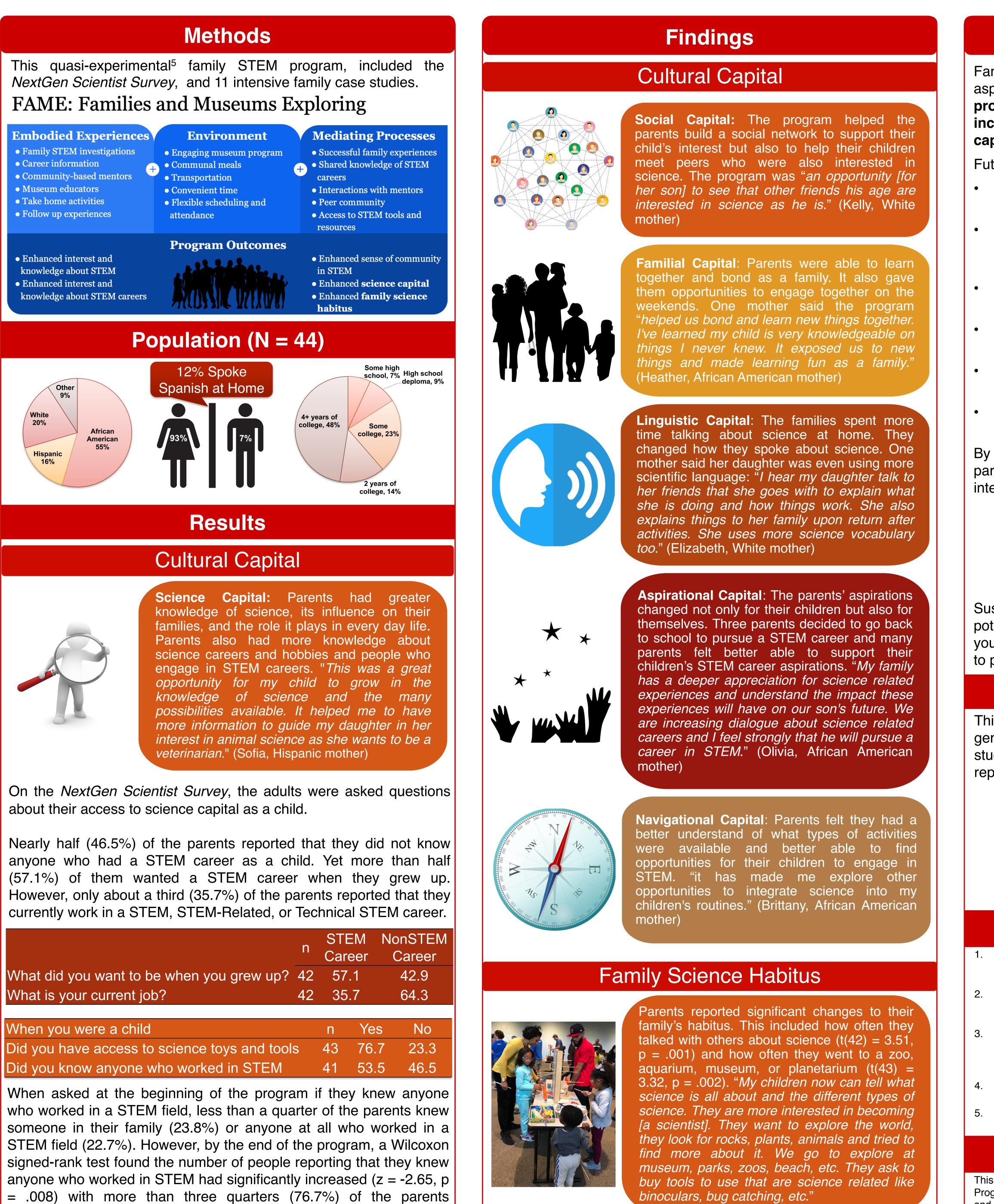
**Community Cultural Wealth Theory:** the types of knowledge, connections, and capabilities communities possess<sup>4</sup>



Science Family Habitus: beliefs, dispositions, and behaviors families hold related to what is appropriate, acceptable, and possible for them related to science<sup>3</sup>



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indicating they now knew someone who worked in STEM.

binoculars, bug catching, etc."

This study has a limited sample size and results should not be generalized beyond this sample. Additionally, the participants in this study were volunteers and their science interests may not be representative of the larger populations.

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### Implications

Family support plays a critical role in students' identities and career aspirations. The results of this study suggest that family STEM programs can positively influence the cultural capital, including science, social, familial, including aspirational capital, and family science habitus of the parent participants.

Future programs should:

 Help parents understand the wide variety of careers that are considered STEM

Introduce families to community members who engage in STEM careers and hobbies who are representative of the participants

Help parents understand the wide variety of home activities that are considered STEM

Explicitly teach parents how to engage in effective questioning during science activities

Build parent's **navigational capital** such as applying for college or other STEM programs

Specifically address linguistic capital and the language of science which may be a barrier to participation in STEM

By building the cultural capital and family science habitus of the parents, they will have more tools to effectively support the science interests and career aspirations of their children.



Sustained, engaging, family-based programs out-of-school, and potentially in schools, is one way to approach the need for more youth, particularly women and those from underrepresented groups, to pursue STEM careers.

### Limitations



### References

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